

# Artistic Gymnastics

## 2019–2020 Fall/Spring Schedule

1 Hour Class \$120/mo    1.5 Hour Class \$135/mo.  
 2 Hour Class \$150/mo.    3 Hour Class \$195/mo.

	Mon	Tue	Wed	Thu	Fri	Sat
Girls Gym. Ages 5–17	4:30–6 6–7:30	4:30–6 6–7:30	4:30–6 6–7:30	4:30–6 6–7:30	4:30–6 6–7:30	9–10:30 10:30–12
Boys Gym. Ages 5–17		4:30–6	4:30–6		4:30–6	9–10:30 10:30–12
Tumbling	7:30–9	7:30–9	6–7:30 7:30–9	7:30–9	6–7:30	10:30–12
Acro	6–7:30 (adv)	4:30–6		7:30–9 (adv)	5–6	10–11
Mom & Me 18–36 mo.			10–11	10–11		
Preschool Ages 3–5	5–6	10–11 11–12 5–6	10–11 11–12 5–6	10–11 11–12 5–6	10–11 11–12 5–6	9–10 10–11
Kids Yoga Ages 3–12		5:30–6:30		5:30–6:30		11–12
Back Handspring Class	6–7 Beg 7–8 Adv	6–7 Beg 7–8 Adv	6–7 Beg 7–8 Adv	6–7 Beg 7–8 Adv	6–7 Beg 7–8 Adv	10–11 Beg 11–12 Adv

### Advanced Gymnastics Classes (Invite only)

	Mon	Tue	Wed	Thu	Fri	Sat
Adv. Girls Rec 2hr or 3hr	4–6		6–8	6–8	4–7	10–12
Girls Trial	4:15–6:15 M/W	4:15–6:15 T/Th	4:15–6:15 M/W	4:15–6:15 T/TH		
Girls Pre Trial		4:30–6		4:30–6		

\*Group accommodations can be made for groups  
of 4 gymnasts or more!

Varsity, Adv. Boys, Strength &  
Conditioning, Specific Skill Classes  
(back handspring, giants, kips, vault)